

Little League Baseball Pitcher Eligibility Tracking Form

Division _____

Team _____

Date of Game	Pitches	Pitcher's Name	Unif. No.	League Age	Team Manager's Signature *	Opposing Manager's Signature *	Scorekeeper/Umpire Signature *	Eligible to pitch again on (date)

Pitching eligibility varies by the league age of the pitcher, which is the pitcher's age as of May 1 of the current year. The pitching eligibility regulation is Regulation VI (see current rule book for details). A blank electronic version of this form is available at www.aswll.com.

* Note: Signatures may be optional as determined by the local league

Pitching Rest Requirements	<u>0 Calendar Day Rest</u>	<u>1 Calendar Day Rest</u>	<u>2 Calendar Days Rest</u>	<u>3 Calendar Days Rest</u>	<u>4 Calendar Days Rest</u>
Days Rest Required:					
14 and under	1 - 20 pitches	21 - 35 pitches	36 - 50 pitches	51 - 65 pitches	66 or more
15 and over	1 - 30 pitches	31 - 45 pitches	46 - 60 pitches	61 - 75 pitches	76 or more